

The Richfield Springs
Community Center Run
RSCC RUN/WALK

(Formally known as the Zone). The Open 10K is a hilly course with its challenge at the start. The 5K is an “out and back” on rolling hills. The 2 mile Walk starts on Lake Street and proceeds “out and back” Cemetery and Butternuts. The kids “little loop” is approx. ½ mi. total (out and back), starting and ending at the start/finish line with ribbons given.



Go to www.nyroute20.com

THANK YOU TO OUR SPONSORS!

We Will Have:

Kids “Little Loop” fun run

Technical Shirts (5K , 10K and Walk)

On Line Registration

(www.runsignup.com)

Questions:

Bill Kosina
315-749-3286
jabkos@verizon.net

Application

Name: _____ **Age** _____

*** Sex: M F (Circle One) (on 4/14/18)**

Address _____

Amount _____

***(Circle):**

10K run, 5K run, 2mi Walk, Kids Little Loop

e-mail: _____

T-shirt : 10K/5K/Walk Only (Circle Size)

Sm. Med. Lg. XL.

WAIVER

In consideration of acceptance of this application, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, administrators, and assigns waive any and all rights and claims for damages I may have against the Richfield Springs Community Center, their representatives and successors for any and all injuries suffered by me at the races to be held in Richfield Springs, on **April 14, 2018**. I verify that I am physically fit and have trained sufficiently for the competition.

Signature _____

Parent Signature (under 18) _____

Please make Checks payable to: **“RSCC”** Mail in with Applications to:

Bill Kosina:

1434 Cty Hwy 25 Richfield Springs, NY 13439

Day of Registration:

TIME: 8:00 - 9:45 on Race

Day: April 14, 2018

PLACE: VFW – Lake St.

1/8 mile South from Route 20

START TIMES:

Kids' Fun Run @ 9:45 AM

5K @ 10 AM

Walk @10 AM

10K @ 10 AM

Fees:

Kids "Little Loop" (\$1.00) (Must Mail in App)

Pre-registration postmarked on or before April 9, 2018

(Run or Walk)

Adults/ Students : \$20

Day of race: (Run or Walk)

Adults/ Students: \$25

AWARDS:

- Tech -shirts to the first 75 entrants (5K/10K & 2mi.)
- Trophies - overall male/female (5K/10K)
- 1st-3rd place awards for age groups up to 80-89(5K/10K)

April 14, 2018

Part of the Route 20 Series

Proceeds benefit:

The Richfield Springs

Community Center :

Community
Center Run

